## THE PHOENIX CURRICULUM - UNIT E

## This set of ten (10) sessions has two purposes:

- I It includes a selection of increasingly more complex topical engagement and discussion resources to begin each session which address interesting and important issues.
- 2 It includes elements which provide awareness and practice in dealing with more <u>advanced</u> <u>prevention</u> strategies, and also includes elements with are appropriate for <u>early</u> <u>intervention</u> with young people who may be exhibiting higher risk behaviors.

## Features:

- Each session includes multiple elements. The leader can adapt these sessions to fit their group and the time frame or situation.
- Some elements include the discussion of the risk factors around them, which may include gang (or similar group) activity. The sessions do not ask for specific identification or admission of participation.
- The topics of respect, disrespect and retaliation are likely to be part of their everyday experience, and suggestions in reducing conflict and negative consequences are the intent of these session elements.
- The final four sessions include some heavier topics including the issue of allowing others to
  influence your choices in negative ways. They may provide the leader with the opportunity
  to encourage individual participant's independent decision making going forward.
- Each session includes a least one shorter engagement or discussion element. Some sessions
  include as many as 6-10 of these short topics. The leader may select those which best fit the
  group and add or extend the topics to address important or timely issues.
- This flexibility can be especially helpful if the leader is working with younger or older age groups.

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	Description	Resource
EI	Engagement resource	A Closer Look #11
	Lesson element	CC8.1 Retaliation
	Problem solving	A Closer Look: FFT Gladiators
E2	Engagement resource	A Closer Look #6
	Lesson element	CC8.2 Retaliation
	Problem solving	A Closer Look: FFT Fear
E3	Engagement resource	A Closer Look: Go go
	Lesson element	GGI3r Respect
E4	Engagement resource	A Closer Look: FFT Where you live
	Lesson element	GG13dis.1 Disrespect, part 1
	Problem solving	A Closer Look: Trigger event #3
E5	Engagement resource	A Closer Look: Trigger event #4
	Lesson element	GG13dis.2 Disrespect, part 2
	Problem solving	A Closer Look: FFT Paid the price
E6	Engagement resource	WDYT: FFT Grooming
	Lesson element	GG13dis.3 Disrespect, part 3
	Problem solving	A Closer Look: Problem behavior #5
E7	Engagement resource	A Closer Look: FFT Trauma
	Lesson element	CC10j Who is making your choices?
E8	Engagement resource	A Closer Look #15
	Lesson element	CC4 Trust and distrust
	Problem solving	A Closer Look: Problem behavior #6

E9	Engagement resource	A Closer Look #26
	Lesson element	TP24 The crab in the pot
EIO	Engagement resource	A Closer Look #17
	Lesson element	TP23 Where are you setting yourself up?
	Problem solving	A Closer Look: Trigger event #9