

# Resources for Detention, Probation, Day Reporting, Neighborhood Centers, and Group Homes

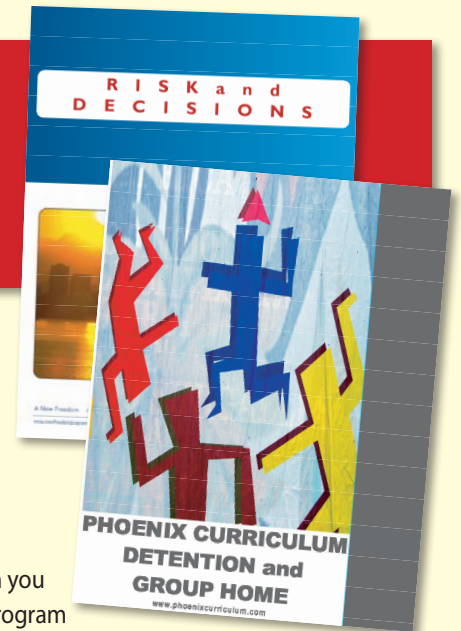
Whether you're a probation department, a group home with just a few residents or a packed county detention facility, we've got a program that's right for you and your budget!

We can help you provide a broader range of behavioral health, substance abuse treatment, gang prevention/intervention, and educational services. Our performance-tested resources are comprehensive, flexible, and affordable. All are written at a high-interest, easy-reading level that can accommodate a wide range of reading skills.

In this flyer we list our most popular packages in use in detention centers, group homes, probation, and day reporting programs.

These packages are proven-effective, ready-to-go, and perfect for a variety of needs.

But if you can't find something that is the right fit, we can work with you to design a customized program that exactly meets the needs of your population and your budget! Contact us at <http://newfreedomprograms.com/contact.php>, and we'll help you put together the program you need!



Are you looking for a brief, proven-effective program to combat substance abuse, gang activity, aggression and violence, and other delinquency?

## Phoenix Curriculum

- 9 versions; 25 and 50 hour versions, also Spanish
- Worksheets, activity cards, activities
- High-interest, easy reading level (Grade 4)
- Includes a selection of group discussion scenarios ("What Do YOU Think?")

Built on a proven motivational interviewing (MI) and cognitive behavioral (CBT) model, these materials reduce resistance, build participation, and guide the process of change. This package includes a set of the popular "What Do YOU Think?" scenarios. These open-ended situations allow participants to express what they think about the issue, while providing the leader with the chance to help them explore their thinking and their choices. Problem solving skills and coping skills for avoidance, escape, refusal, or resistance follow the time tested model, with the critical goal of increasing individual self-efficacy. The curriculum consists of five elements with age-appropriate problems and activities:

- What's important to you? (motivational enhancement)
- Understanding your feelings (emotional intelligence)
- Problem Solving (addressing high risk people, places, things, situations, thoughts, and feelings)

- Risk Factors (gangs, alcohol, drugs, peer pressure, etc.)
- Protective Factors

Are you looking for a flexible program of units that can be used in any order, and that you can customize with your own material?

## The New Freedom Flex Curriculum

- 25 hours
- 7 short workbooks
- Includes a selection of What Do You Think scenarios

These materials offer maximum flexibility for a relatively short program. They can be expanded with additional material or activities, and used independently from each other. Ideal for a juvenile correctional situation, the workbooks are:

- What's Going On In My Life?
- Key Elements of Change
- Choices and Changes
- Let's Talk About Feelings
- You Have Options
- Gangs
- Coping Skills for Emergencies

Is your population preparing to enter a formal treatment program?

### Preparation for Treatment

- 25 hours
- 9 workbooks
- "What Do YOU Think?" scenarios available

This MI - based curriculum was designed specifically as a preparation for treatment program for juveniles. It is ideal for preparing clients for more advanced treatment settings. The workbooks include:

- What Am I Doing Here?
- While You Are Here
- Treatment Readiness Activities
- What's Treatment All About?
- Introduction To Self-Discovery
- What's Important to you?
- The Revolving Door
- What's Going On In My Life?

Do you have a population in need of an anger management and interpersonal communication skills curriculum?

### Managing Aggression and Violence (MAV)

This curriculum contains 50 lessons (with complete lesson plans, worksheets and participant activities). Included are practice in key assertion skills, conflict resolution, coping with peer pressure, and avoiding violence. Shorter version (MAV 25) is also available (\$995). This resource is available in juvenile and adult versions. Scripted lesson plans make this resource especially helpful for implementation by line staff, para-professionals, and others.

Do you have a short-stay population? Are you looking for a proven-effective detention curriculum?

### Risks and Decisions

- 30 hours, open admission/open group
- Divided into six parts (weeks), each part contains 5 sessions
- Highly successful in juvenile detention settings

In six weeks, this program covers a range of critical risk factors for delinquency, violence, criminal behavior, and gang involvement. Fully scripted lesson plans and discussion techniques make the lessons ideal for motivated personnel. The program includes DVD-based lessons, role-plays, and a two-session choose-your-own-adventure style Action Maze. Risk factors include:

- Friends and Peer Pressure
- High Risk People, Places, Things, and Situations
- Family Risk Factors
- Personal Risk Factors
- Internal Risk Factors
- Criminal Thinking Risk Factors

Do you have an extended-stay population and an experienced or motivated staff?

### Phoenix/New Freedom 100 (Comprehensive Evidence-Based Juvenile Intervention Program)

Recognized by the National Gang Center/OJJDP. Appropriate for day and residential program sites, this structured comprehensive intervention program provides state-of-the-art curriculum, MI tools, evaluation, and outcomes assessment. Based on motivational interviewing, CBT, stages of change, emotional intelligence, and relapse prevention models. Addresses multiple risk factors underlying delinquency, violence, substance abuse, and gang involvement. Please contact us for more information including logic models, lesson plans, and sample lessons.

Are you looking for a brief DVD-based intervention program?

### DVD-Based Gang Intervention Program

4 DVDs and accompanying worksheets provide multiple and flexible options for addressing individual and group needs. Worksheets are available in two age-specific versions, designed to support introductory or advanced stages-of-change-focused programs.

Stories From The Streets - \$295

Kids at Risk - \$295

The Gang Issues - \$295

Choices - \$250

Visit us at <http://phoenixcurriculum.com/films.php> for full descriptions of these DVD's or to request a complimentary DVD sampler. Buy the complete package (all four DVD's, accompanying worksheets, and a selection of our What Do You Think? resources) and save!

### PRICES

The following are the standard prices for each program. We can also customize your program to fit your budget!

Phoenix Curriculum: 25 hour - \$995, 50 hour - \$1,995

The New Freedom Flex Curriculum-- \$995

Preparation for Treatment-- \$995; \$1,120 with "What Do You Think?"

MAV -- \$1,995 (\$995 for 25-hour version)

Risks and Decisions-- \$1,495

Phoenix/New Freedom 100 --\$4,995 per site (includes DVDs)

DVD Based Gang Intervention Program - \$1,295

PRICES VALID UNTIL December 31, 2018